



**Princess Anne  
Middle School**

# The Panther Pride

**Inside this issue:**

PAMS JS2S 2

Literacy Corner 2

Homework Corner 2

Library Center 2

Volunteer 3

Spelling Bee 3

Peer 2 Peer 3

Stress Free Fundraising 4

School Dance 4

Door Contest 5

PTA 5



If you would like to share your story about a Great teacher you currently have or had at PAMS please email your story to [GreatTeachers@VBSchools.com](mailto:GreatTeachers@VBSchools.com)

## President's Corner

We are down to 182 days. 182 days until the end of the school year. 182 days to do so many more good things for PA Middle. Can you believe that half of the year is almost behind us?

Let us all take a deep breath and strive to make it through this holiday season with smiles and happiness. We can do this. And when we come back after winter break we will hit the ground running. We have the Talent



Show coming up at the end of January. Auditions were last week and the kids were awesome. Middle school kids are fun. So much energy and so much enthusiasm. We hope that you can come out to see their talents and support them. Kudos to them for getting up on stage!

The PTA continues to support our teachers with requested grants for supplies, field trips and programs that enhance their lessons. If you follow Dr Bergren on Twitter you will get a glimpse of all of the engaged lessons going on in the school. It is truly amazing what our children are excitedly learning. We truly appreciate all of your support through your stress free donations so that we are able to offer support to our teachers.

We still have our on going membership drive. We are currently at 1018 members which means that we only need 460 more to achieve our goal of 100%. have you joined? Please consider helping us reach this goal. The membership form is attached and you can even go on line to pay! We will keep asking until all 460 memberships have been received.

Thank you once again to everyone that has volunteered their time or

talents to the PTA. We have such a strong partnership with the school and it is due to all of you. Please know that any of your efforts do



not go unnoticed. Whether you come into the building, send needed supplies in or volunteer from home we truly appreciate all that you do. Let's keep going strong for the next 182 days!

Have a safe and happy holiday. Enjoy the time with your family. We will see you when we return in January!

Truly,  
Janine Sarach  
PAMS PTA President



## Attention ALL PAMS:

The PAMS Lost and Found will soon be donated to People in Need. If you have Lost something, please come to the Library during PAMS Time to reclaim your items. Lunch boxes, shoes, PE clothes, water bottles, sweatshirts, jackets, etc. If items are not picked up by Monday, the 21st, these items will be donated.

## PTA BOARD

**Principal**  
**D. Alex Bergren**

**President**  
**Janine Sarach**

**1st Vice President**  
**Membership**  
**Jill Anglin**

**2nd Vice President**  
**Programs**  
**Amber Sloan**

**3rd Vice President**  
**Way and Means**  
**Kim Wells**

**Corresponding**  
**Secretary**  
**Jessie Lindsey**

**Recording**  
**Secretary**  
**Lynn Dove**

**Treasurer**  
**Christine Vitale**



## The PAMS JS2S Presents Wear **R.E.D.** Fridays

Show your support & appreciation for the Military by wearing **R.E.D.** 1/29/16  
2/26/16

Remember **E**veryone **D**e- 3/25/16  
ployed on the following Fri-  
days:

**Every Friday in April (Month of  
the Military Child)**  
5/27/16



## Literacy Corner



Dear PAMS Parents,

I have spent the past few months writing to you about the importance of reading, and it is certainly a key component of any child or adult's ongoing education. An often overlooked element of literacy, however, is conversation. We lead very busy lives—in school, at work, and at home. Couple that with the amount of time many adults and children spend on devices, and "poof"

conversation fades away. This month I'd like to direct you to a site advocating "The Family Dinner Project." Here's a little bit from them about their purpose:

The Family Dinner Project is a growing movement of food, fun and conversation about things that matter. We are a nonprofit organization currently operating from the offices of Project Zero at Harvard University.

Over the past 15 years, research has shown what parents have known for a long time: Sharing a fun family meal is good for the spirit, brain and health of all family members.

Recent studies link regular family meals with the kinds of behaviors that parents want for their children: higher grade-point averages, resilience and self-esteem. Additionally, family meals are linked to lower rates of substance abuse, teen pregnancy, eating disorders and depression. We also believe in the power of family dinners to nourish ethical thinking.

Take a look at this site and see what you and your family can do to help this effort grow and build a stronger community of conversationalists. Let's eat! [http://  
thefamilydinnerproject.org/](http://thefamilydinnerproject.org/)

## Homework Center

The Homework Center provides students a quiet, monitored place to complete homework and projects or to study. Laptops are available for students who have

the need. Before School: M-F / 7:30 a.m. – 8:30 a.m. in the cafeteria  
After School: M-TH / 3:55pm – 5:30pm-  
Room 106 (Activity Buses are available after school)

## Library Offerings



The Library Media Center Before School @ Your Library program is available for all students. Students may come to the library on Tuesdays and Thursdays from 8:00 AM to 9:00 AM to check in/

Out books, research, print from flash drive, work on a group project, or BYOD.

## Updated Volunteer Procedure

Virginia Beach City Public Schools has issued a new volunteer procedure. Please note that if you intend to volunteer in any capacity at any time during the school year, please

download and complete this volunteer agreement link, complete the form and return it to the PAMS security desk prior to volunteering. All forms must be verified in ad-

vance. Thank you for your understanding and cooperation

[REQUEST TO VOLUNTEER](#)



Click to  
keep up  
on our  
events



## Log Your Volunteer Hours

Princess Anne Middle School and their PTA are grateful for all of their parent volunteers. Please remember to log your volunteer hours!! Logging your volunteer hours has now been

made easier. You can access the mobile friend website where you can log your volunteer hours quickly and easily. Should you not have access to a smartphone, tablet or com-

puter, the Volunteer binder is still available at the security desk for your convenience.

New Volunteer Website - [LOG YOUR HOURS HERE](#)



## Spelling Bee

I am very excited to announce that Princess Anne Middle will be participating in the Virginian-Pilot, in partnership with WHRO, spelling bee! Each English class will be holding individual spelling bees in grades 6-8. The winners will represent their class in the Princess Anne Middle Spelling Bee which will be held in the library on Thursday, January

14, 2016 beginning at 2 p.m. Parents are welcome to attend. In the event that the winner cannot be present, a runner-up will be present. The winner will represent Princess Anne Middle in the Virginian-Pilot/WHRO Spelling Bee held on February 20, 2016 at the WHRO studios in Norfolk. If your child would like to get a head-start with practicing for

the spelling bee, they may use the internet where there are many websites with spelling lists. Example: [www.Merriam-webster.com](http://www.Merriam-webster.com)

Regards,  
Courtney DeWitt  
6<sup>th</sup> grade English teacher/  
spelling bee coordinator

## PEER 2 PEER

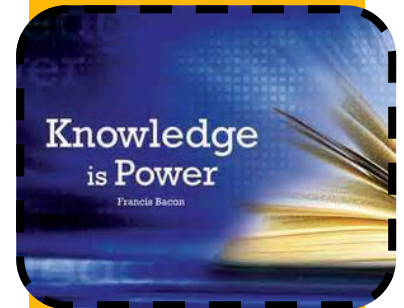
**PEER TUTORING:** Does your child need a little extra help with organization or studying? Would s/he benefit from having a peer tutor? The National Junior Honor Society has a large pool of students ready and willing to help their peers before or after school on a one-to-one basis. Please contact Mrs. Cathy Smith, NJHS co-advisor, at [Cathy.Smith@vbschools.com](mailto:Cathy.Smith@vbschools.com)

to request a peer tutor. It can be as short as a few sessions to prepare for a test or as long as a quarter to reinforce and review throughout the reporting period.

**PEER MENTORING:** For sixth graders still struggling with the transition to middle school academically or socially, the NJHS would love to match up your child with a

peer mentor in the eighth grade to meet before school once or twice a week for activities, friendship, tutoring, and coaching. If you think your sixth grader could benefit from having a peer mentor, please contact Mrs. Cathy Smith, NJHS co-advisor, at [Cathy.Smith@vbschools.com](mailto:Cathy.Smith@vbschools.com).

**Mrs. Cathy Smith, M.S.Ed**  
Gifted Resource Teacher



## Reflections Program Update



The Reflections Program is well underway at the Council level for judging all of the schools first place entries. We hope our students possibly place at the Council level. Good luck!! For those remaining student's (2nd and 3rd place winners and our wonderful participants) who submitted entries, please feel free to stop by the main hall to see the student entries hanging for all to enjoy. Go Panthers!!

### **Harris Teeter**



Re-Link your VIC card. Visit [www.harristeeter.com](http://www.harristeeter.com) or give the number 6741 at the register. Either way works! Harris Teeter will donate a percentage of your purchase to Three Oaks. We have to re-link every year after August 1<sup>st</sup>.

### **Target**

Raising funds for our school is as easy as using your REDcard. Designate our school through Take Charge of Education to give our kids a boost. And save 5% every time you shop. REDcards are available as a debit or credit card. The new Chip-and-PIN cards will need to be enrolled. The account numbers are different from the original REDcards. Enroll at [Target.com/TCOE](http://Target.com/TCOE) or call 1-800-316-6142.



### **Farm Fresh**



No more receipts! Key tags have already gone home. Parents and supporters scan your key tag to help our school earn free educational equipment.

Both Harris Teeter & Target send us a check to support student activities. Farm Fresh provides a list of educational equipment for us to order. Encourage extended family and neighbors to support these programs. This is a simple process and a win win for all.

### **Labels for Education**

From soup, cereal and snacks to dairy products, beverages and food storage – your kitchen’s probably full of eligible *Labels for Education*® items. Get clipping and start earning free stuff for your school! Turn them in to your homeroom



## SCA School Dance

The SCA is sponsoring a Winter Wonderland Dance after-school on Friday December 18, 2015 from 4-6. A permission slip is required to attend and tickets will be sold Thursday and Friday during all lunches. Permission slips may be found at the PAMS SCA wikispace. <http://pams-sca.wikispaces.com/>



### **PAMS—SCA - home**

Princess Anne Middle School SCA 2015-2016 Officers SCA 2015-2016 Executive Board - SCA President: Samantha Renaud Vice-President: Nicole Logan Secretary: Lauren Westcott  
[Read more...](#)

## PAMS—SCA Classroom Door Decorating Contest

The SCA is sponsoring a Classroom Door Decorating Contest. Teachers the Theme is Winter Wonderland Holiday. Windows cannot be covered and a 24 inch clearance from ceiling to door top. Email Mrs. Wheeler with teacher name and room number. Doors must be done by start of the school day Thurs. Dec. 17. The winner will be announced at the Winter Wonderland Dance on Friday Dec.18. Show school spirit and creativity

Subscribe to the VB School calendar for the 2015 / 2016 school year by clicking here



Like PAMS



The Panther Pride

### PTA! MEMBERSHIP UPDATE:

OUR TOTAL MEMBER COUNT IS 1017!!!!

We have ONLY 461 more to go!!!!

Pay on line, send in a form.....whatever is easiest for you! Let's finish this campaign so we can continue to do more great things for our school!

A HUGE thank you to all who have joined and/or donated to our Stress Free fundraiser. If you do not remember if you

have joined, please contact me at [jillanglin@cox.net](mailto:jillanglin@cox.net).



### New Fundraising

With our Stress Free Fundraising totals not hitting our mark we are going to supplement with a little Tupperware madness to bump up our bank account so we can give out some scholarships to PAMS Alumni in the spring *smile emoticon* If you are interested please follow the link to help us out! Everyone loves Tupperware....and they give us 40%!



<http://www.tupperware.com/b/10106844011...>

You can always go to [Tupperware.com](http://Tupperware.com) and find the PAMS PTA fundraiser on their link. THANKS FOR YOUR CONTINUED SUPPORT!

### School Store

The school store is located in the Library Media Center and is open daily from 8:55am until 9:10am. Supplies include: pen-

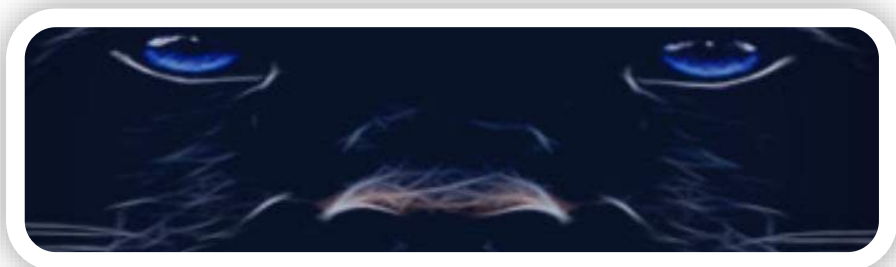
cils, lead refills, flash drives, spiral notebooks, rulers, etc. A [Click on picture for a list of items ---> --->](#)



SPIRIT... SPIRIT... LET'S HEAR IT!!

Get your PAMS Spirit Wear now and make a statement loud and clear. We're Panthers and We're Proud!!

[Click on picture for a list of items ---> --->](#)





# Princess Anne Middle PTA Membership Form

Please remember that the Stress-Free Fundraiser option eliminates product sales with 100% of your donation going directly to the PTA so that we may bring great programs to our school for all students. Further the Stress Free donation is tax-deductible. We appreciate your support of the Princess Anne Middle PTA.

	Stress Free w/Membership (\$25.00/ea.)	Member Only (\$5.00/ea.)
Parent's Name _____ M__ F__	_____	_____
Parent's Name _____ M__ F__	_____	_____
Parent's Phone # (____) _____ - _____		Grand Total:
Parent's Email _____	\$ _____	
Student Name _____ M__ F__		
Grade _____ Teacher _____		
Student Name _____ M__ F__		
Grade _____ Teacher _____		
Student Name _____ M__ F__		
Grade _____ Teacher _____		

-----  
**Three ways to join: Cash, Check or Credit Card via PayPal!**

**Credit Card: You can pay in person at Open House on Sept 30<sup>th</sup>!**  
**Membership with Stress Free:** <http://tinyurl.com/PAMSPTACombo>  
**Membership Only:** <http://tinyurl.com/PAMSPTAmembershiponly>

**By check or cash:**  
**Please make your check payable to: Princess Anne Middle PTA**

Cash \_\_\_\_\_  Check# \_\_\_\_\_

**You can drop this form at the school or mail it to: PTA at 2323 Holland Road, Virginia Beach 23453**